

# YOUR WEIRD SEX QUESTIONS...

## ANSWERED!

We've had a lot of time to think lately (between all the handwashing), and if your mind has wandered to the weird and wonderful side of your intimate life, we may just have the answers

In the first years of your sex life, your questions about getting hot 'n' heavy tend to be straightforward – how do I give myself an orgasm? What's the best way to make him climax? Is it OK to watch porn together? But as time goes on and you get a little more experimental, your questions may get a little... well, *weirder*. And the embarrassment factor makes these ones a lot harder to ask. So we've asked them for you!

We've rounded up a selection of particularly intimate questions and put them to our panel of experts who've been there, done that – and didn't bat an eyelid. You're welcome.

### I want to call my partner 'Daddy' in bed. Is that wrong?

Think about what a 'daddy' traditionally represents – someone who cares for you, has the capacity to meet all your needs, and makes sure you're looked after, safe and happy. They may need to be strict with you sometimes, but for your own good. So it's

pretty easy to see why someone may want their partner to act like a 'daddy' in the bedroom, particularly if the idea of submitting to someone dominant floats their boat. Calling your lover 'Daddy' can reflect that dynamic and be part of sexy role-play. However, it might gross your partner out, or even upset him if he has a tough family history, for example, so you'd definitely want to talk about it before you try it. **AF**

### I get turned on by some pretty weird porn, then feel guilty. Should I try to stop?

It's been scientifically proven that when you're sexually aroused, things you'd usually find disgusting often don't gross you out as much. Evolutionary theory suggests this is the body's way of helping you find intercourse attractive – which in the cold light of day seems to be a pretty 'gross' act! Odd porn can turn you on

while you're feeling hot 'n' heavy, but then afterwards, when your lust is lowered, you think, "What did I just watch?" Rest assured, it's normal. But if it's bothering you, it may be worth exploring with a therapist why you're drawn to a particular type of content. **AF**

### What causes queefing?

Queefing, or vaginal farts, are caused when air is pushed into the vagina. This can occur when any object or body part is inserted. There may be some particular positions that you find increase the likelihood of queefing, but it's quite natural. If you're concerned, you should speak to your doctor, but these noises are very natural during sex. **NG**

### Why does his penis bleed after sex?

If it's friction damage wearing away the outer layer of skin, then it could mean you need to use more lubrication. It's not uncommon for guys to tear the frenulum (or 'banjo string') that joins the underside of the penis to the foreskin – this should heal without treatment, and again, more lubrication may help. Having said that, he should see his doctor if either of these persist. And if the blood is mixed in with ejaculate or is a discharge, then it could be a sexually transmitted infection and he should pop in to the STI clinic or to see his GP. **AK**

#### MEET THE EXPERTS



**Adam Kay**  
Comedian, writer  
and former doctor



**Dr Nikki Goldstein**  
Relationship  
expert and  
sexologist



**Alix Fox**  
Sex writer and  
educator

